

# Understanding of Pacemaker Timing Cycles



**Hannah Kim**

**Asan Medical Center, RN, CCDS,  
CEPS**



# Korean Heart Rhythm Society COI Disclosure

:

None

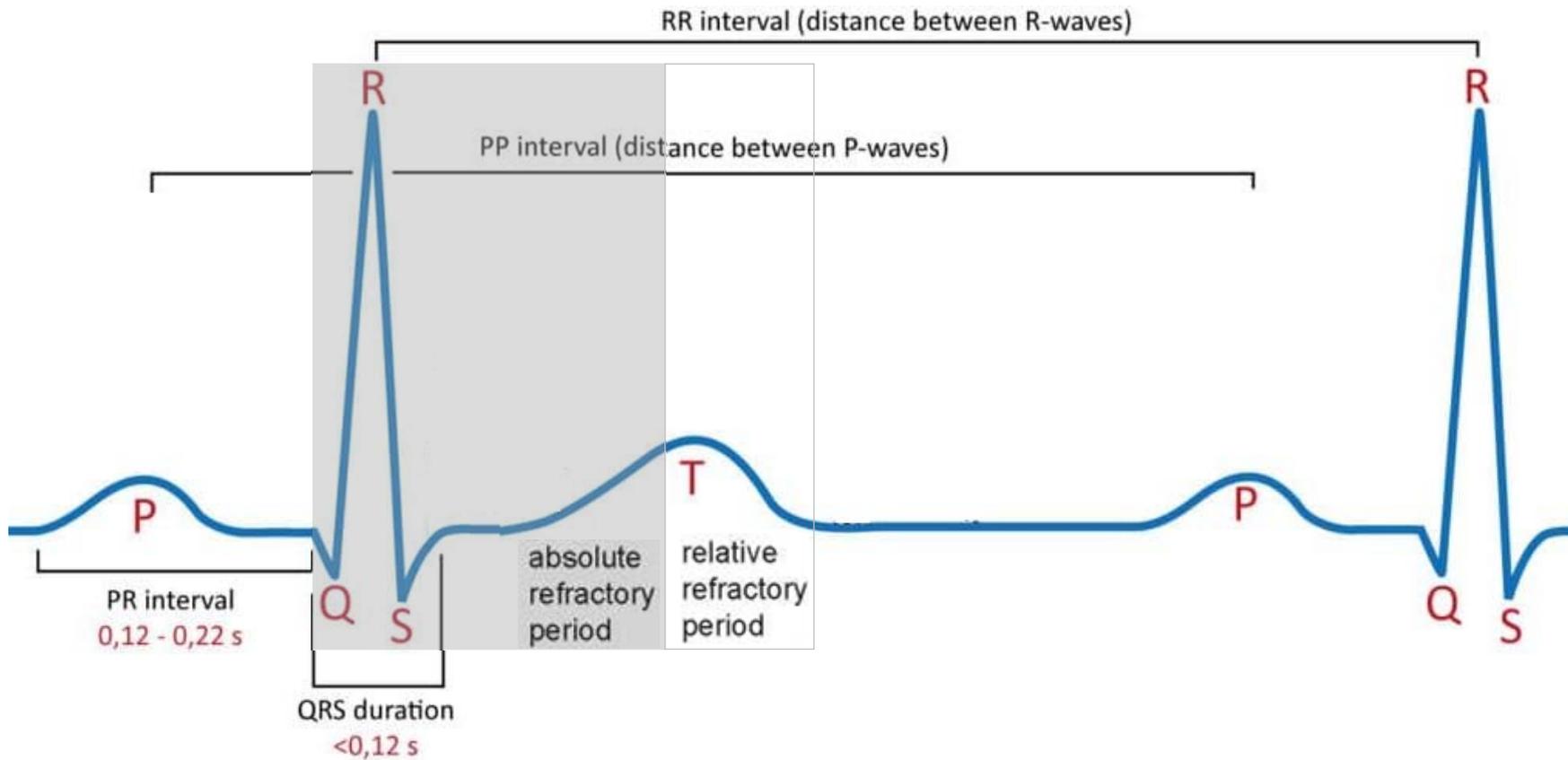


# Contents

- Rate
- Atrial Timing Cycles
- Ventricle Timing Cycles

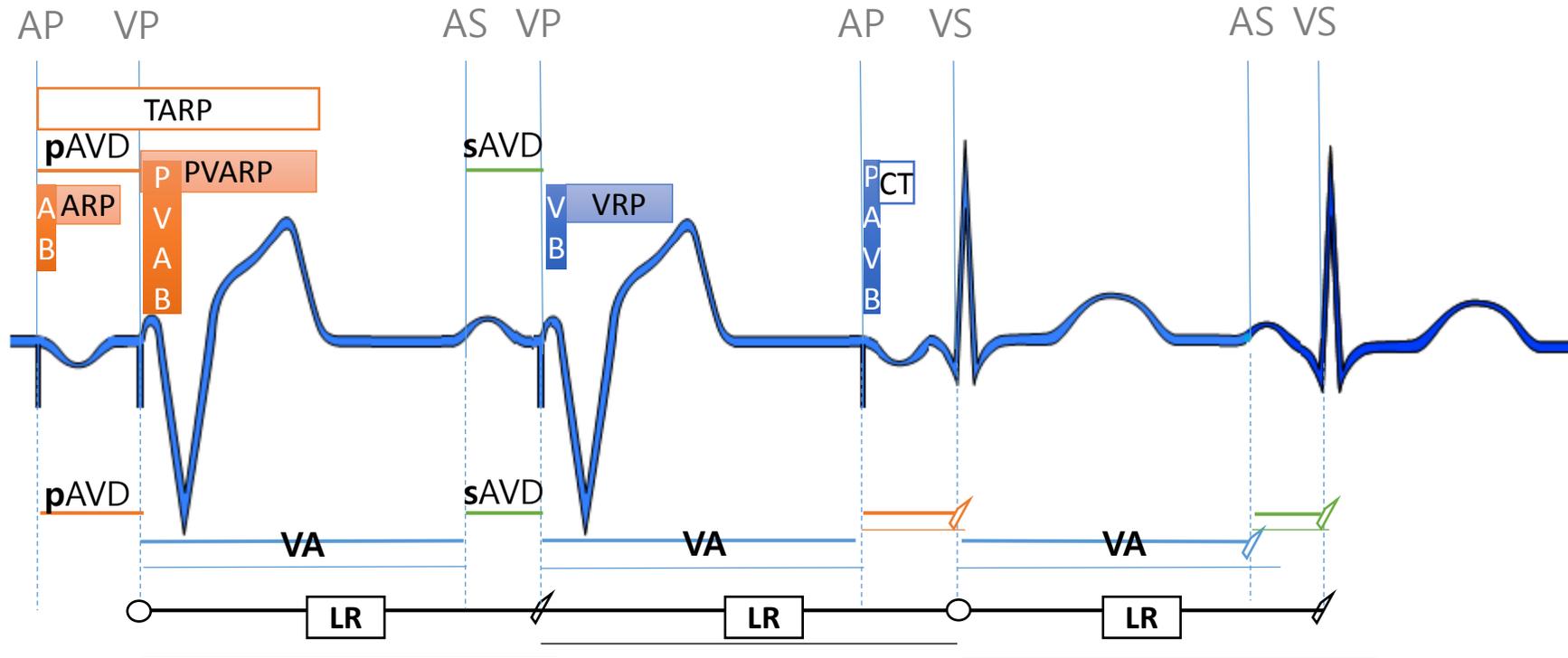


# Normal conduction system





# Pacemaker Timing cycles



AP=atrial pacing ; VP=ventricular pacing ; AS=atrial sensing ; VS=ventricular sensing ;  
 pAVD=paced atrioventricular delay ; sAVD=sensed atrioventricular delay ; AB=atrial blanking ;  
 ARP=atrial refractory period ; PVAB=post ventricular atrial blanking ; PVARP=post ventricular  
 atrial refractory period ; TARP=total atrial refractory period ; VB=ventricular blanking ;  
 VRP=ventricular refractory period ; CT=cross talk window(safety window) ; VA=ventricular atrial  
 interval ; LR=low rate(low rate limit, base rate)



# Rate

- Lower rate
- Upper rate





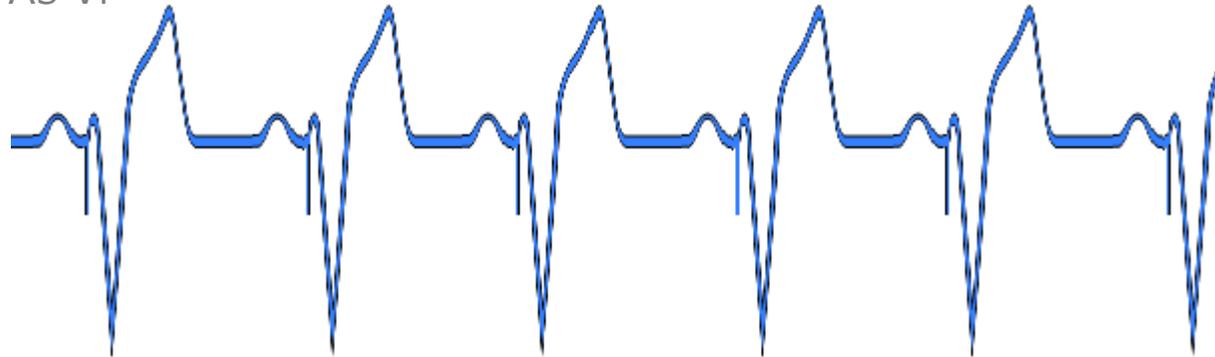
# Upper rate

AS(Atrial signal을 sensing) tracking 하여 V.pacing 되거나,  
R-mode(Sensor)로 감지된 움직임에 반응할 수 있는 **최고 박동수**

## Upper Track

= Max tracking rate(MTR)

AS VP

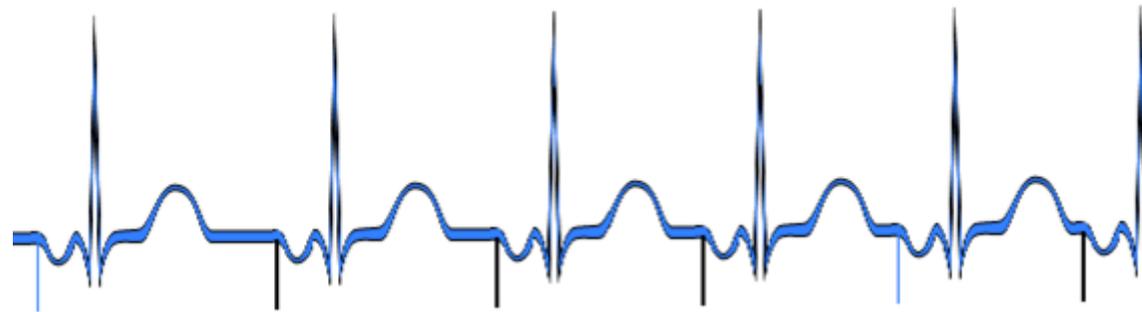


## Upper Sensor

= Max sensor rate(MSR)



AP VS

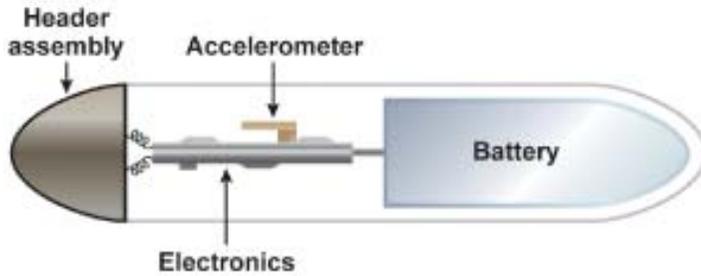


☞ 보통 130 bpm 전.후로 설정하나  
상황에 따라 변경 가능함.

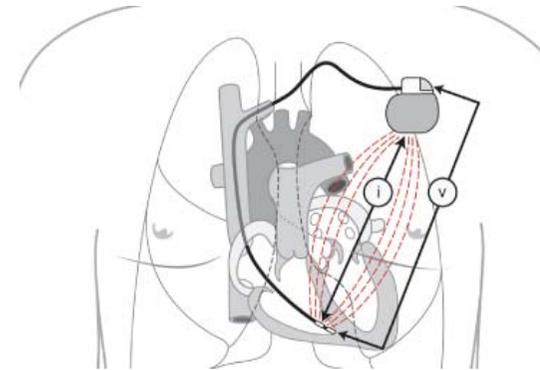


# Sensor

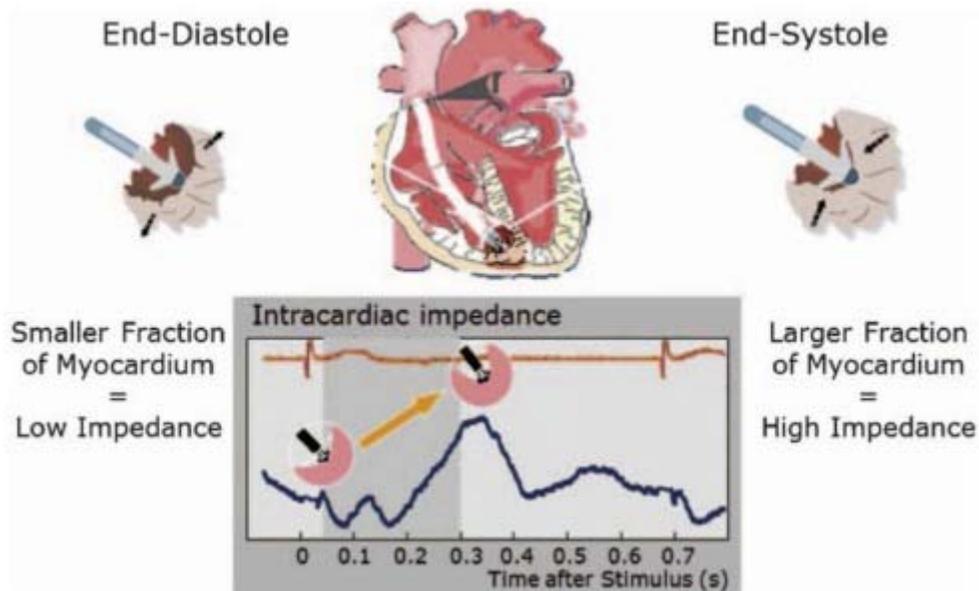
Accelerometer



Minute ventilation



# CLS(Closed Loop Stimulation)

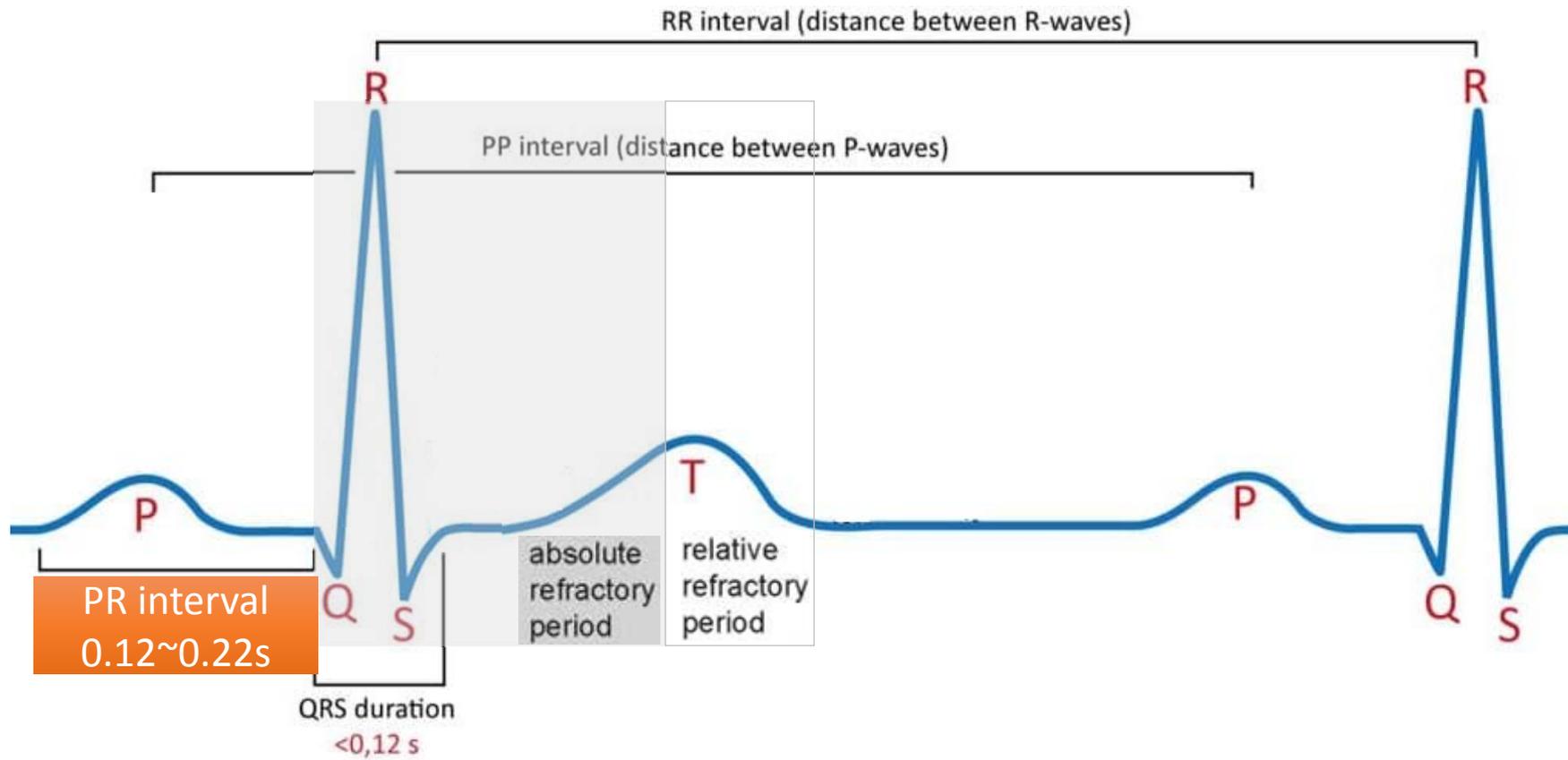


## Atrial Timing Cycles

- Paced AV Delay / Sensed AV Delay
- Atrial blanking(AB) / Atrial refractory period(ARP)
- Post Ventricular Atrial Refractory Period (PVARP)
- Post Ventricular Atrial Blanking (PVAB)
- Total Atrial Refractory Period (TARP)

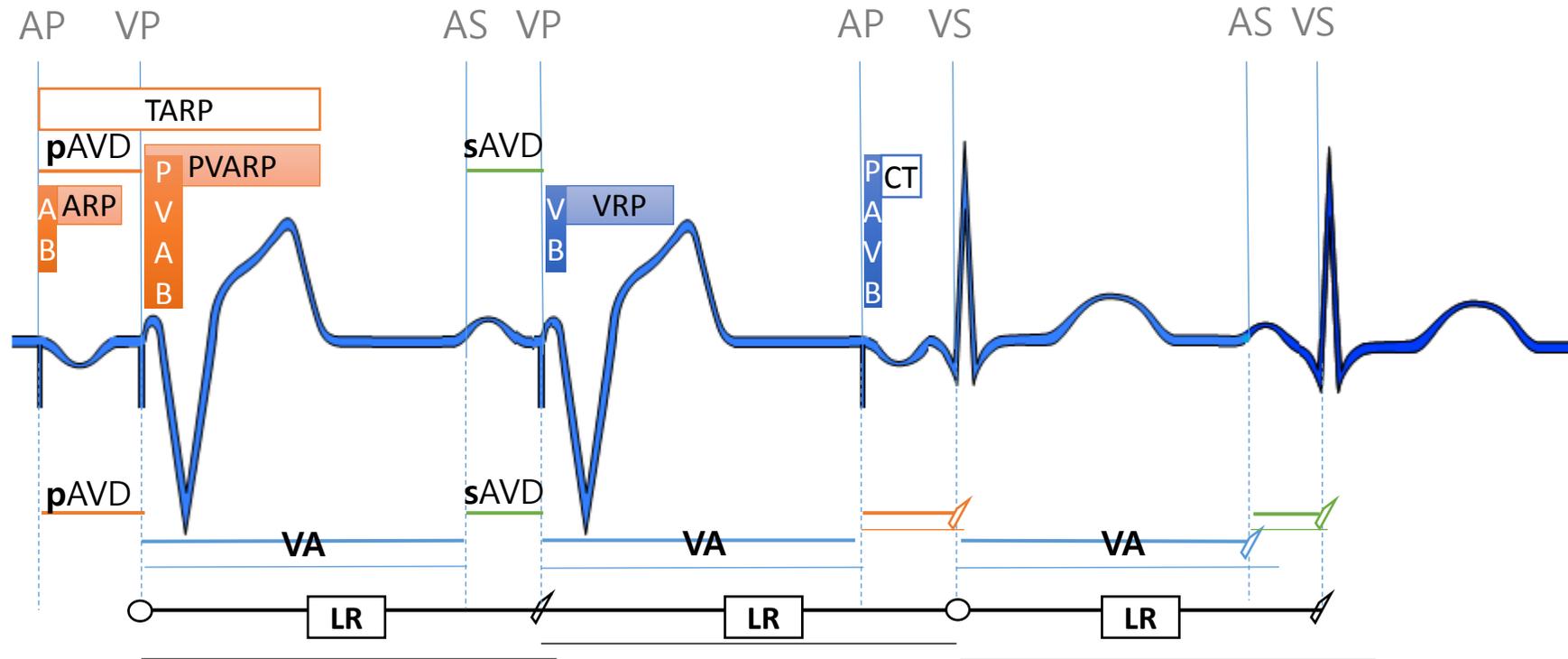


# Normal conduction system



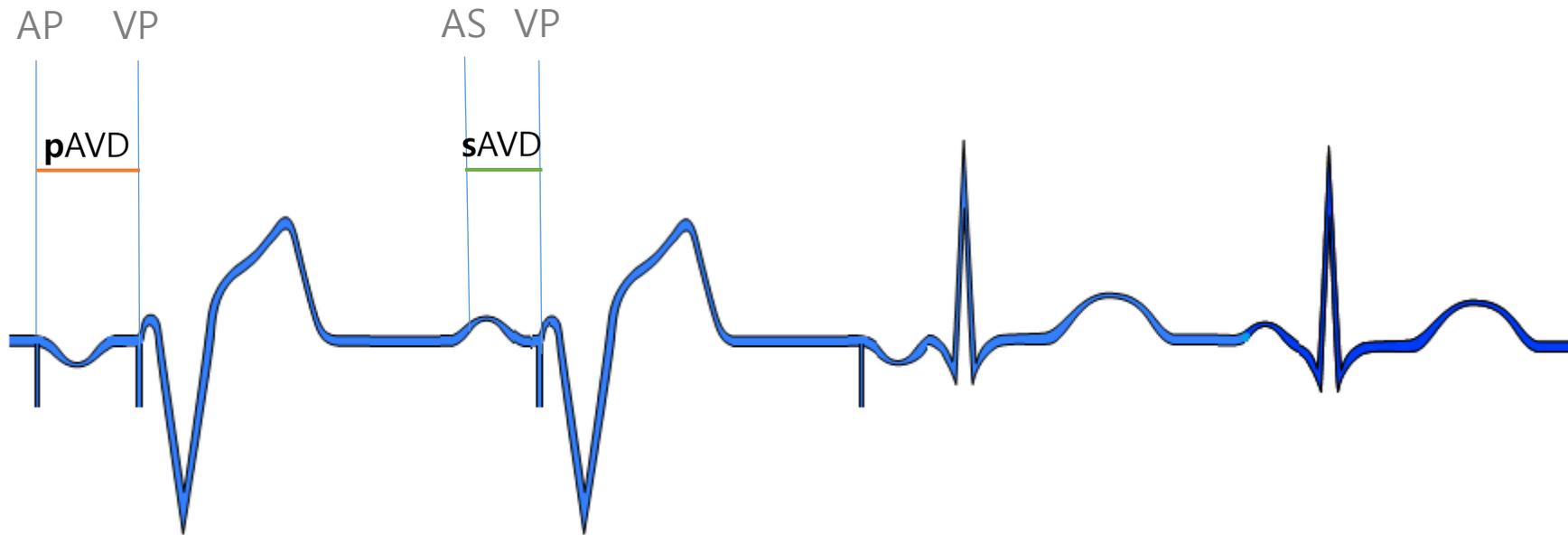


# AV delay





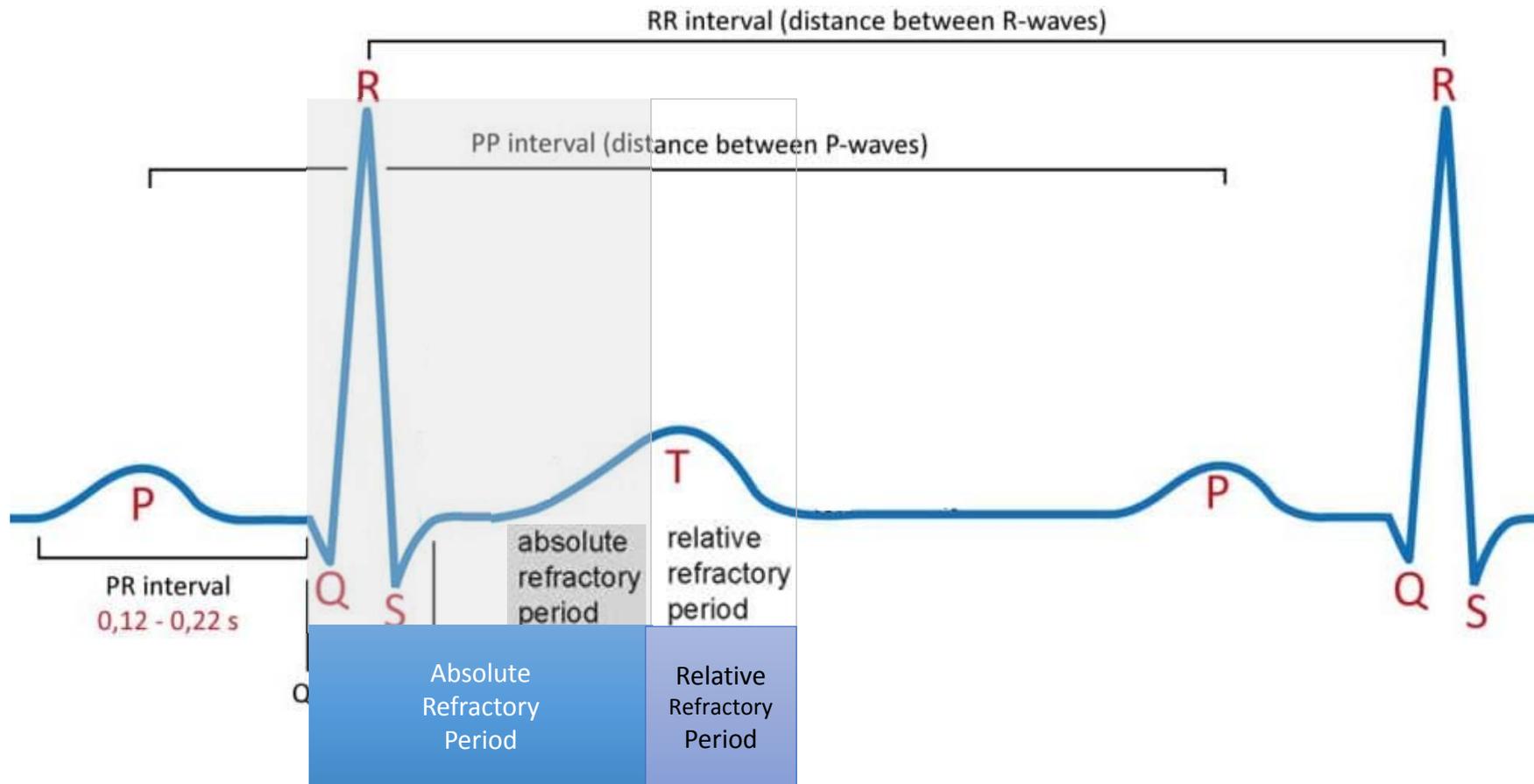
Paced AV delay : AP->VP 까지의 시간 (ms)  
Sensed AV delay : AS->VP 까지의 시간 (ms)



☞ **Normal**  
Paced AV delay : 170~180ms  
Sensed AV delay : 150~160ms  
(Rate adaptive)

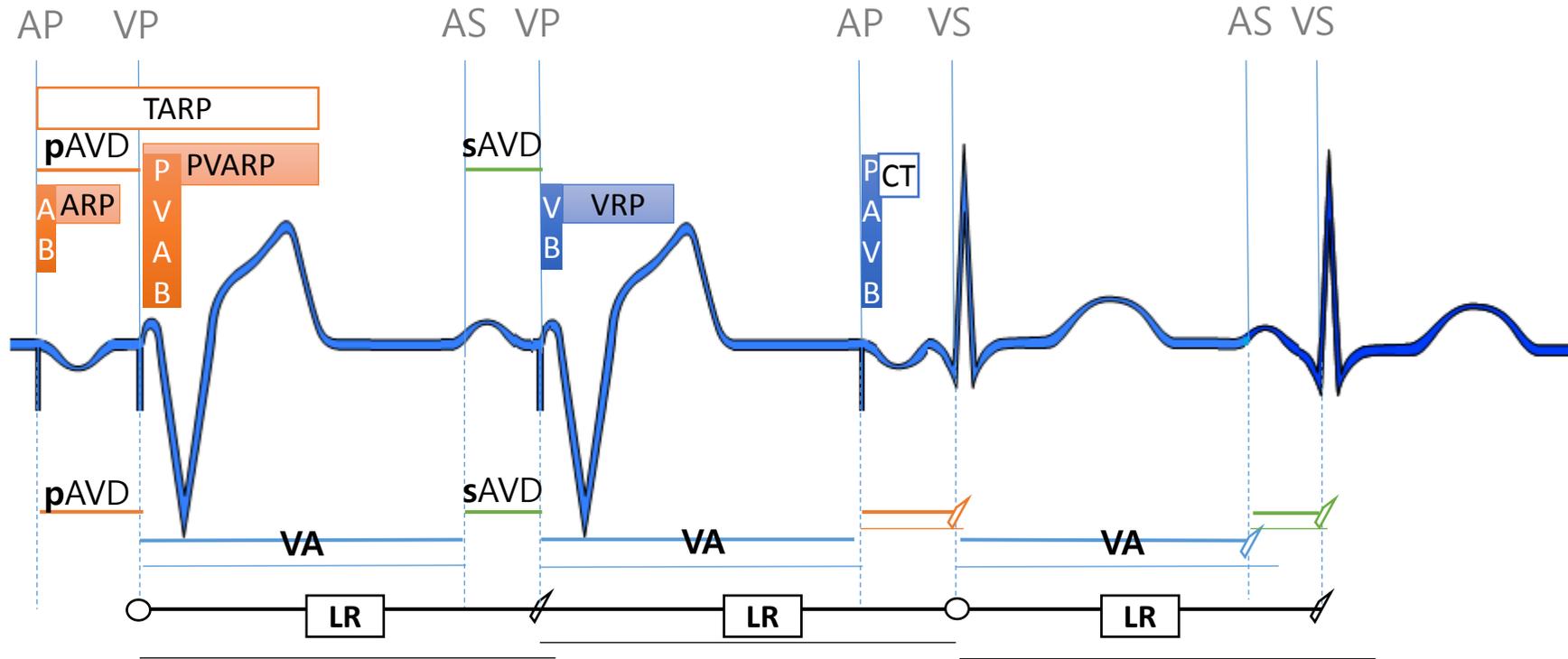


# Normal conduction system





# Refractory periods of a dual chamber pacemaker





## Blanking Period



## Refractory Period





# Atrial Blanking / Atrial Refractory Period

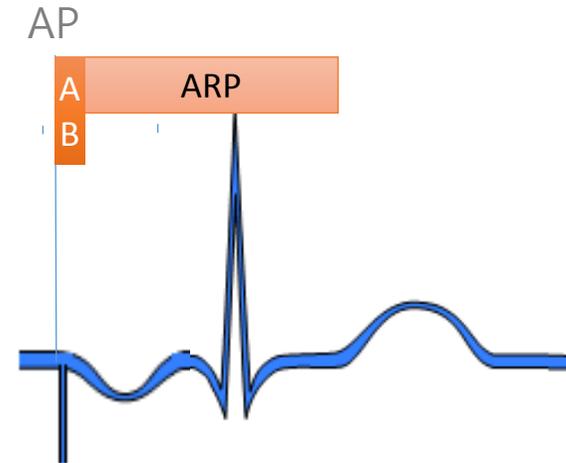
## AB(Atrial blanking)

(post AS, AP)

Atrial event에 의해 Pacing이 "self-inhibit" 되는 것 예방

## ARP (Atrial refractory period)

AAI 에서 Atrial event나 QRS를 sensing 하여  
부적절하게 A interval 이 다시 시작 되는 것 방지



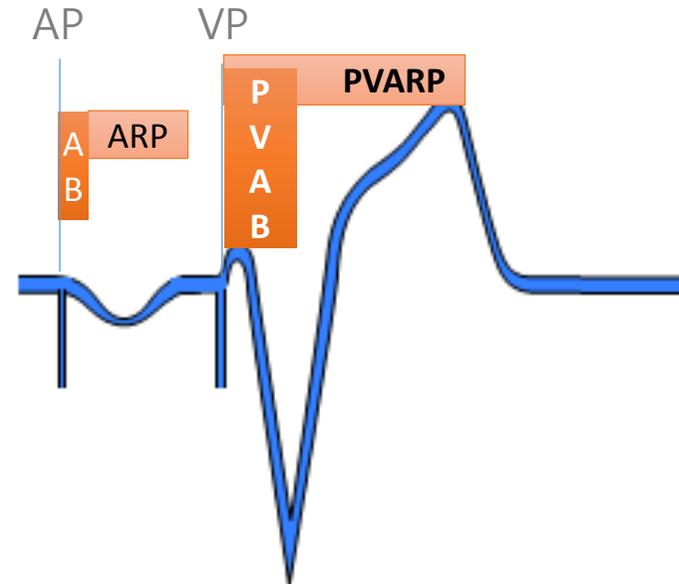


# PVARP / PVAB

## PVARP (Post ventricular atrial refractory period)

Ventricular event 후의 Atrial 불응기 (R로 표시-AR-)

Far-field R-wave oversensing 또는 역행전도(retrograde conduction)에 의한 부적절한 반응을 차단



## PVAB (Post ventricular atrial blanking)

Ventricular event 후의 Atrial 장님기 (B로 표시-Ab-)

Ventricular event로 인한 Far-field R-wave oversensing 예방

☞ **Normal**  
**PVARP : 250~275ms**  
 (rate adaptive)  
**PVAB : 100~150ms**

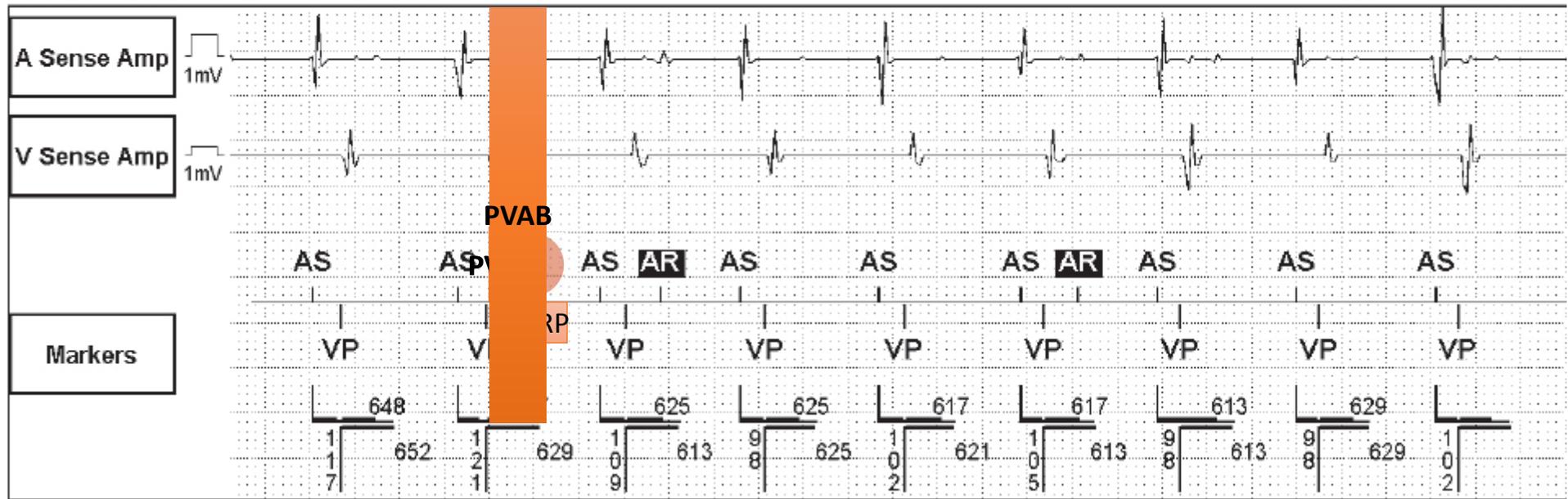


# Case 1

1: A Sense Amp AutoGain (2,7 mm/mV)  
2: V Sense Amp AutoGain (1,4 mm/mV)

3: Markers

Sweep Speed: 25 mm



➔ PVAB을 늘려 Far R oversensing 차단

- PVAB : Ventricular event로 인한 Far-field R-wave oversensing 예방

## 슬라이드 19

---

**g1**

|| ○

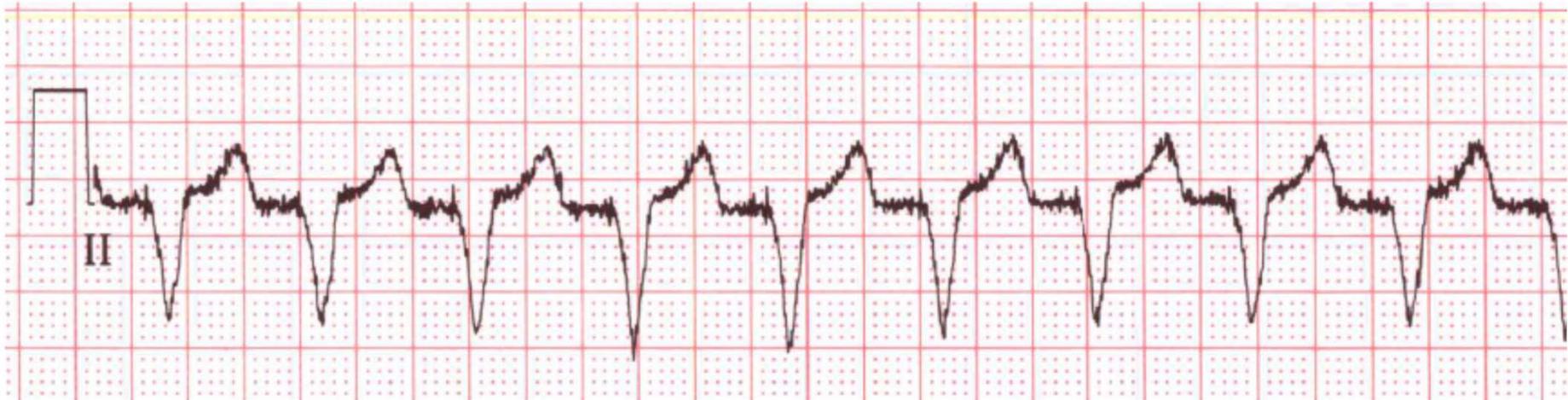
greenhannah@amc.seoul.kr, 2021-04-24

**g2**

greenhannah@amc.seoul.kr, 2021-04-24

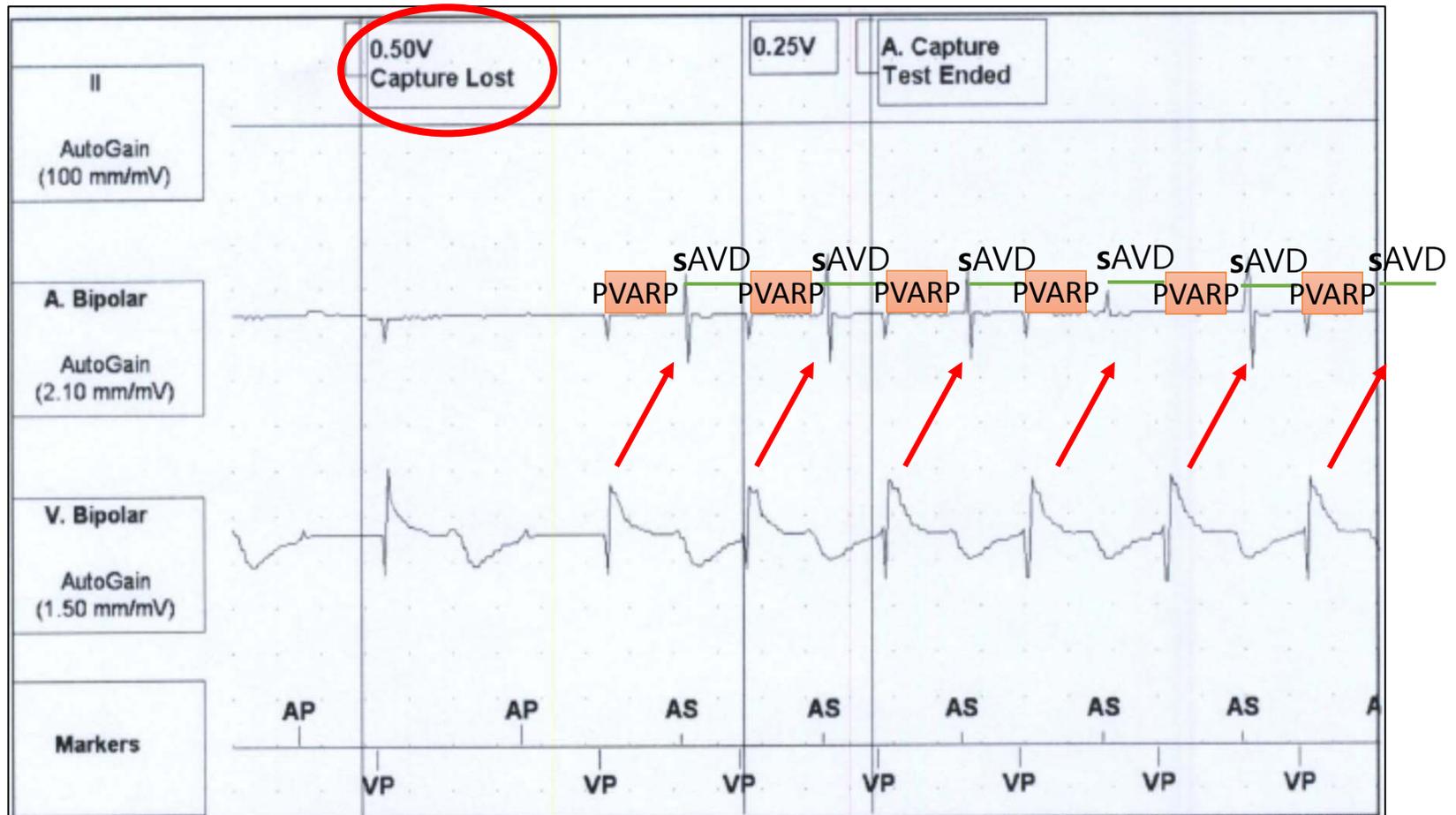


## Case 2



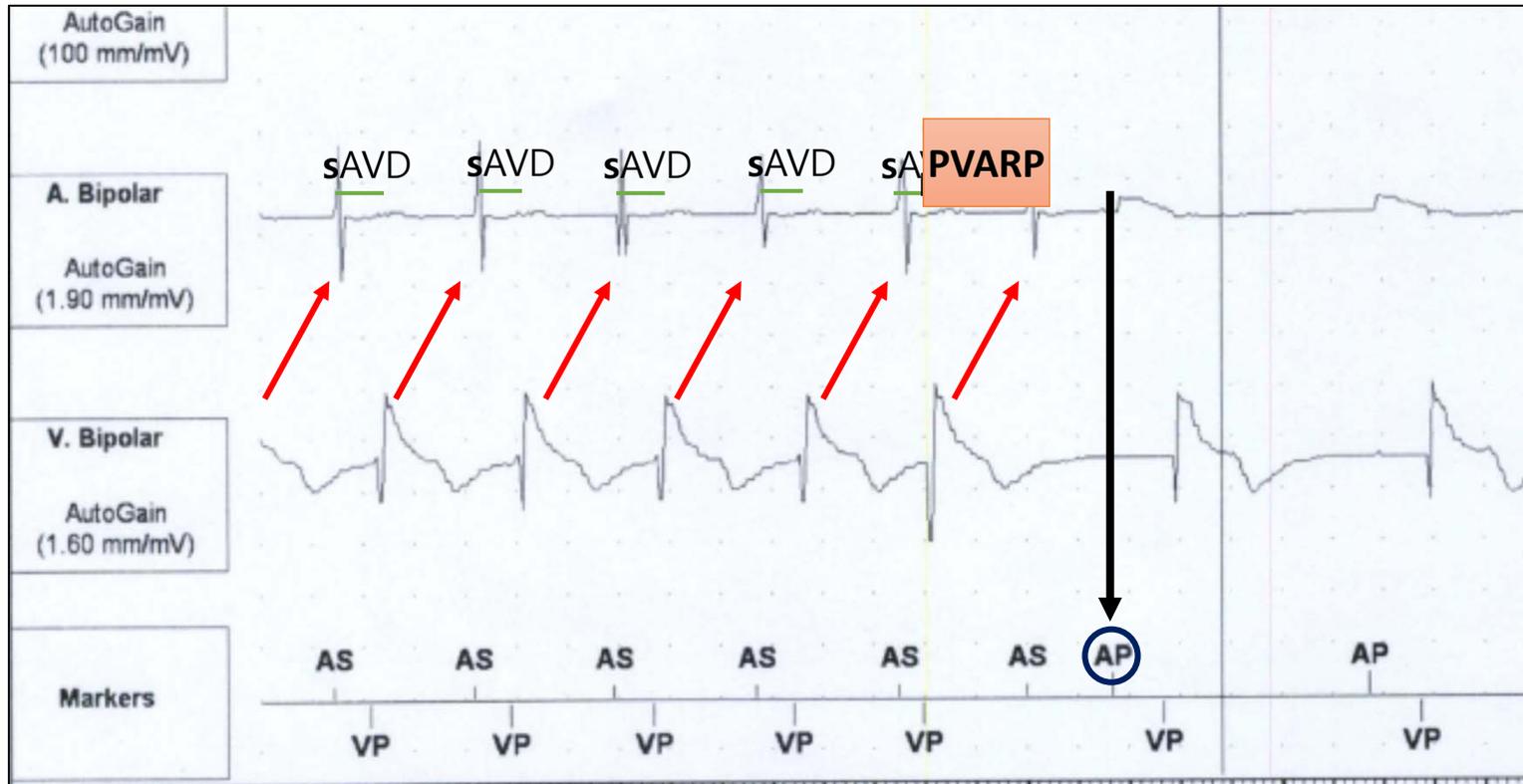


# PMT (Pacemaker mediated tachycardia) (Endless-loop tachycardia)





- PVARP : Far-field R-wave oversensing 또는 역행전도(retrograde conduction)에 의한 부적절한 반응을 차단

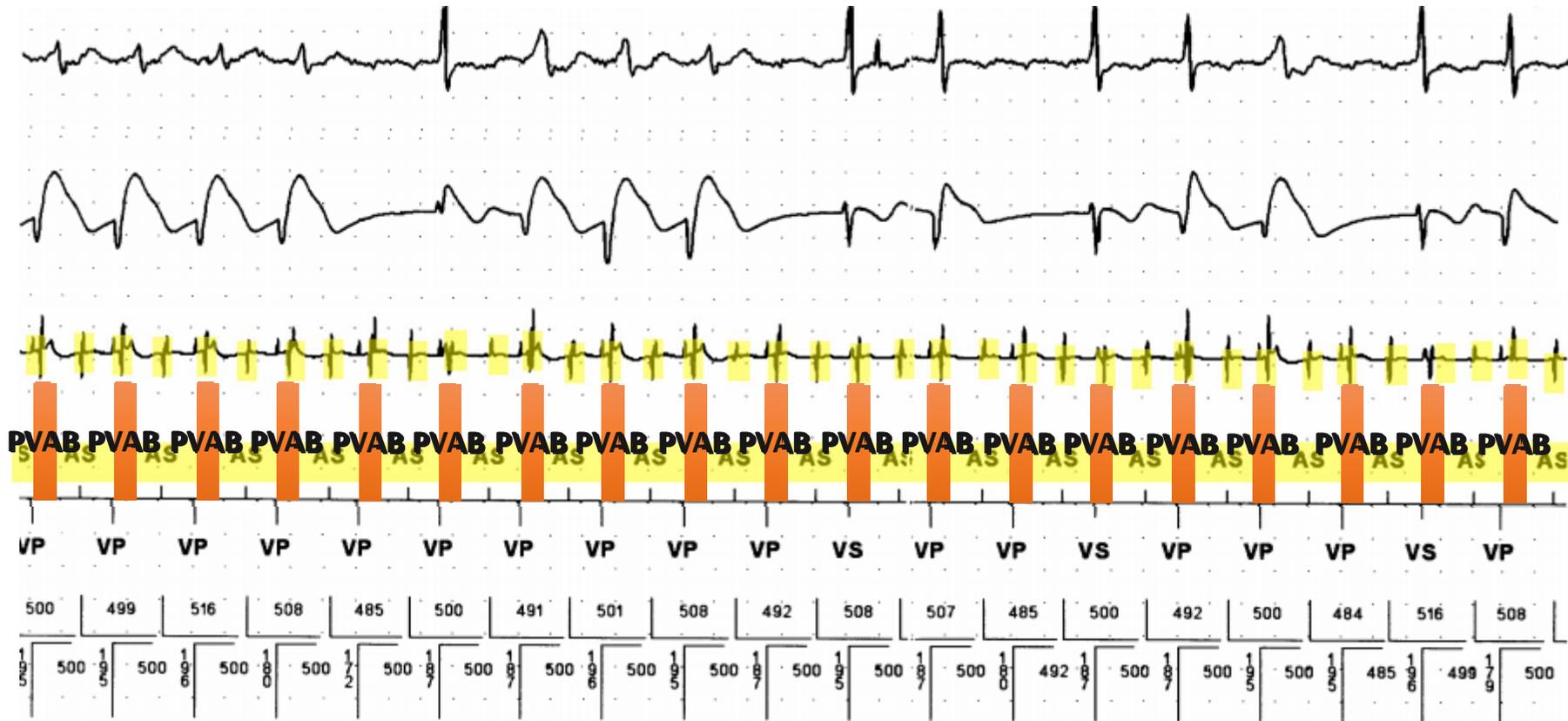


PMT option : PVARP extension + A.pacing

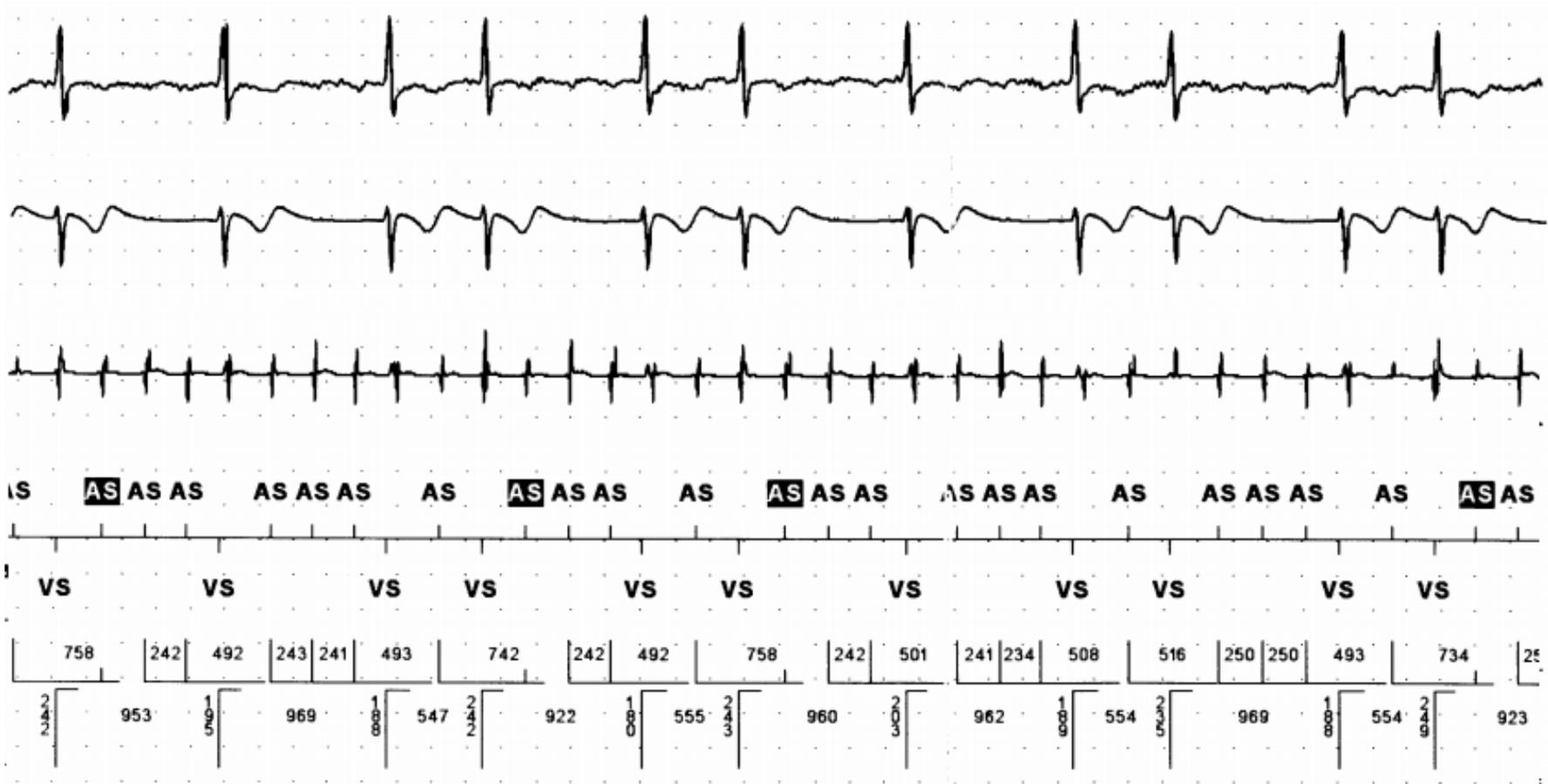


## Case 3





- PVAB : Ventricular event로 인한 Far-field R-wave oversensing 예방

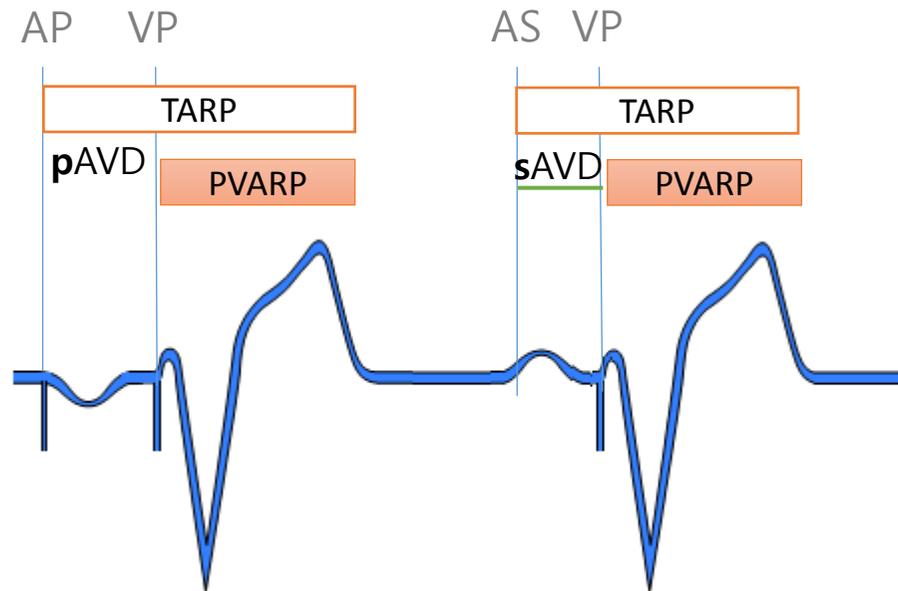




# TARP (total atrial refractory period)

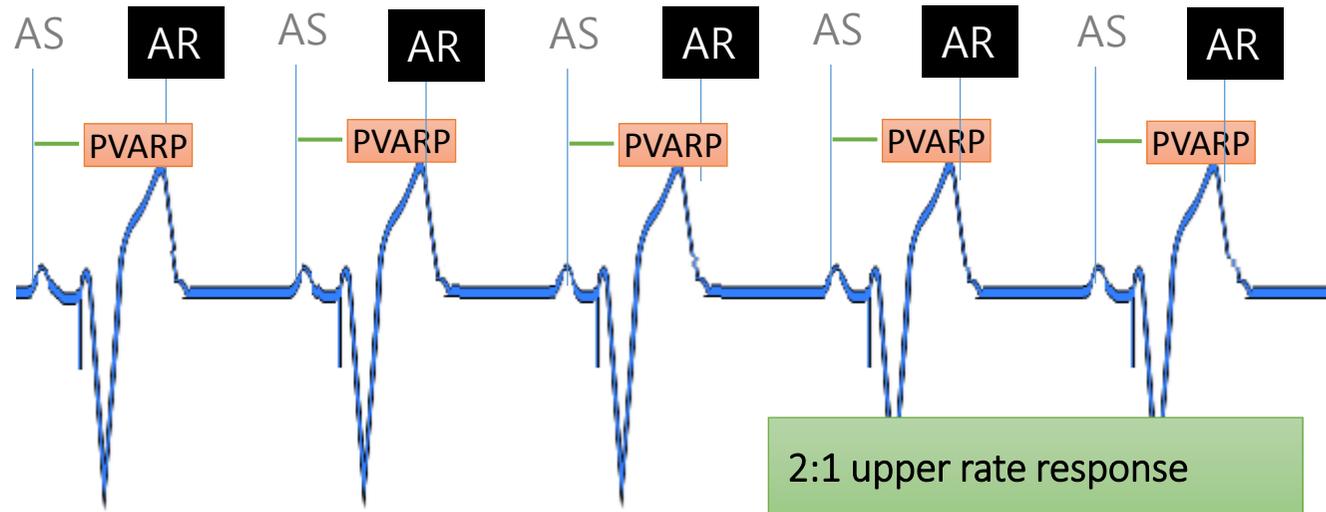
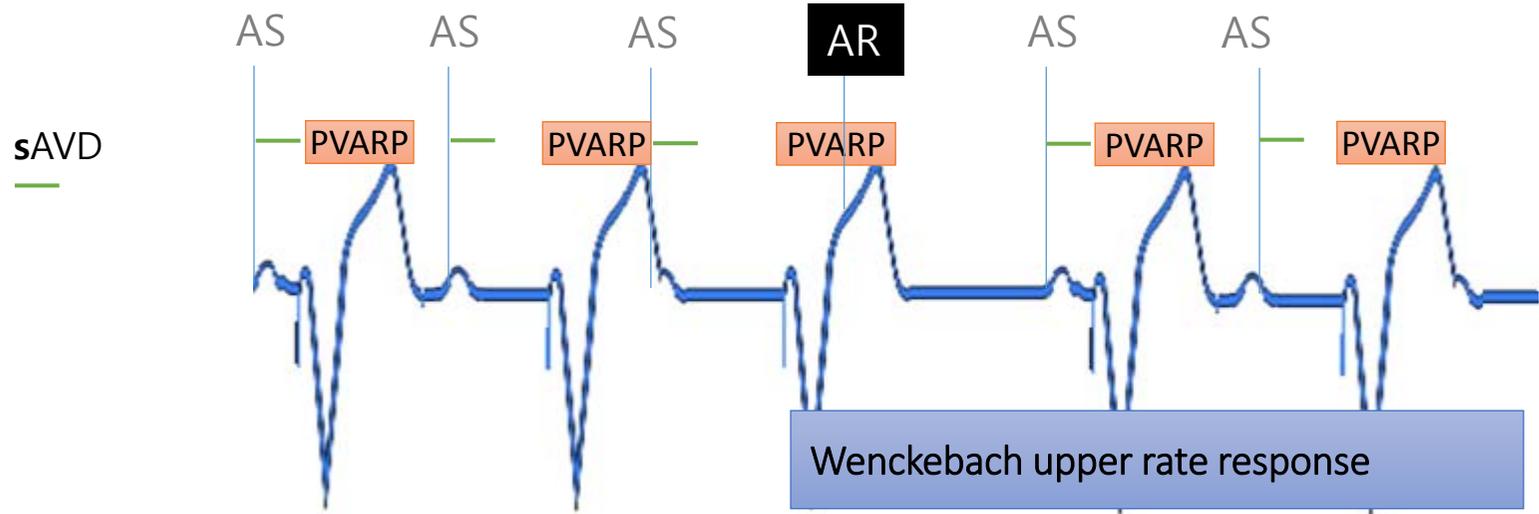
AVD + PVARP

2:1 Block 구간





**Understanding of Pacemaker Timing Cycles**



$sAVD + PVARP = TARP = 2:1 AV Block$



# Ventricular Timing Cycles

- Ventricular Blanking (VB)
- Ventricular Refractory Period (VRP)
- Cross Talk Window = safety window



## VB (Ventricular Blanking)

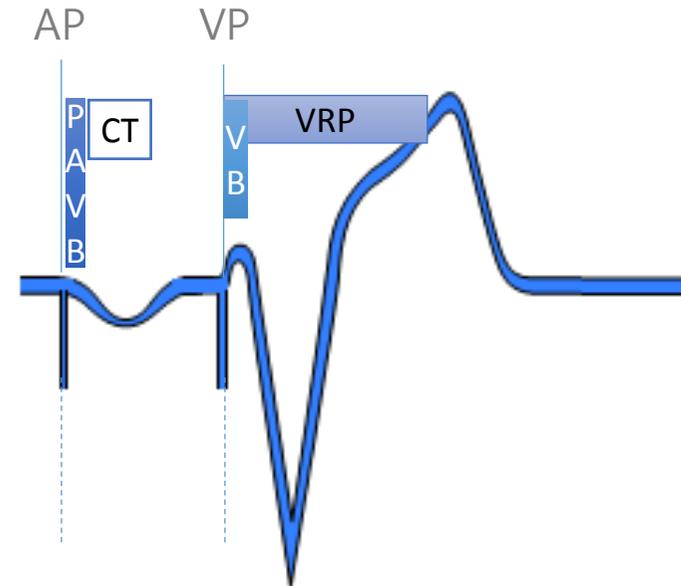
Ventricular 장님기 (post AP, VS, VP)

Atrial pacing output에 의해 Ventricular sensing 되는 것 예방  
QRS double count 예방

## VRP (Ventricular refractory period)

Ventricular 불응기 (post VP, VS)

T-wave를 oversensing 예방



## Cross Talk Window

= safety window

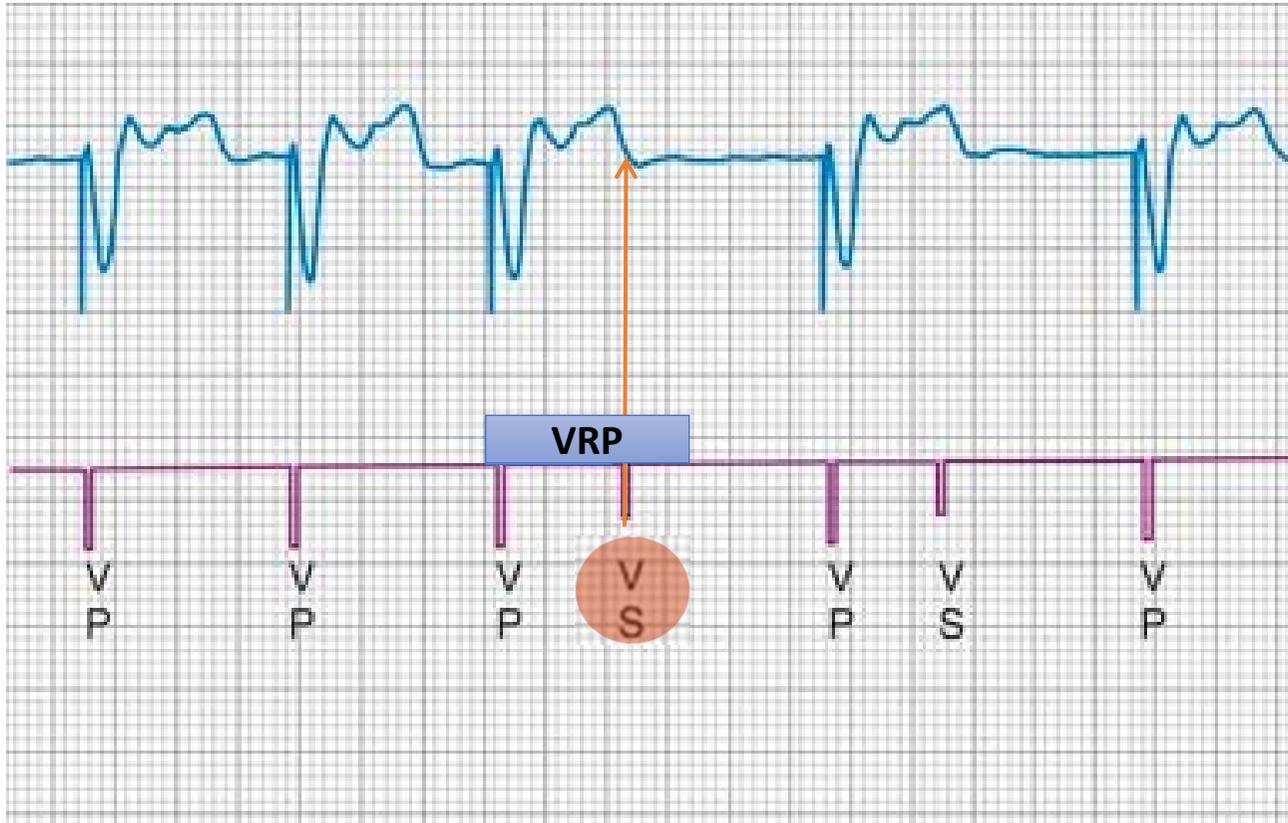
Atrial event 후 oversensing 으로 인한 Ventricular pacing의 inhibition 예방 위한 구간

이 구간안에 Ventricle sensing 되면 V safety pacing 나감.  
(AVD 100~110ms)

☞ **Normal**  
**VRP : 200~250ms**  
**VB : 12~65ms**



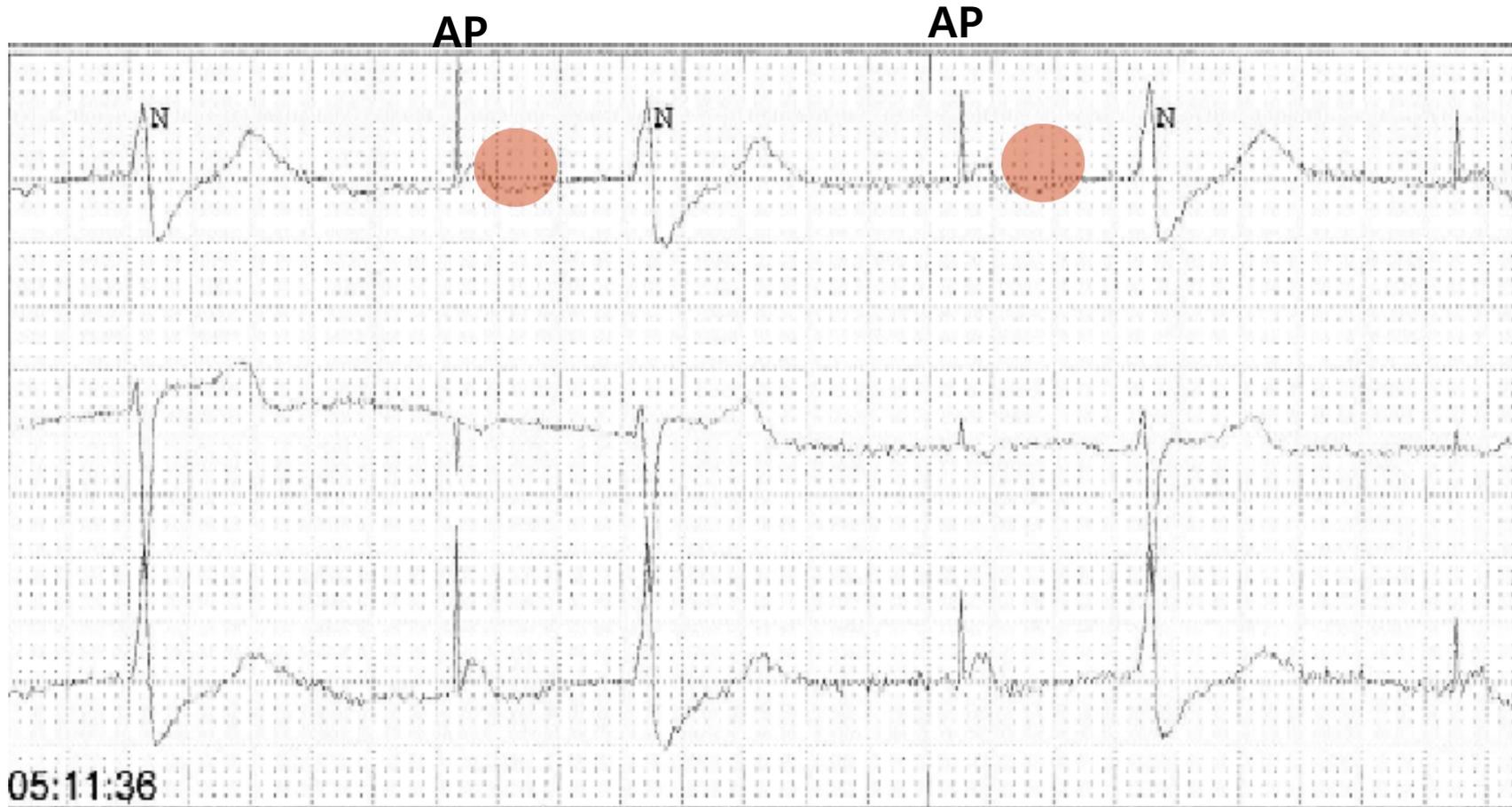
- VRP : T-wave를 oversensing 예방

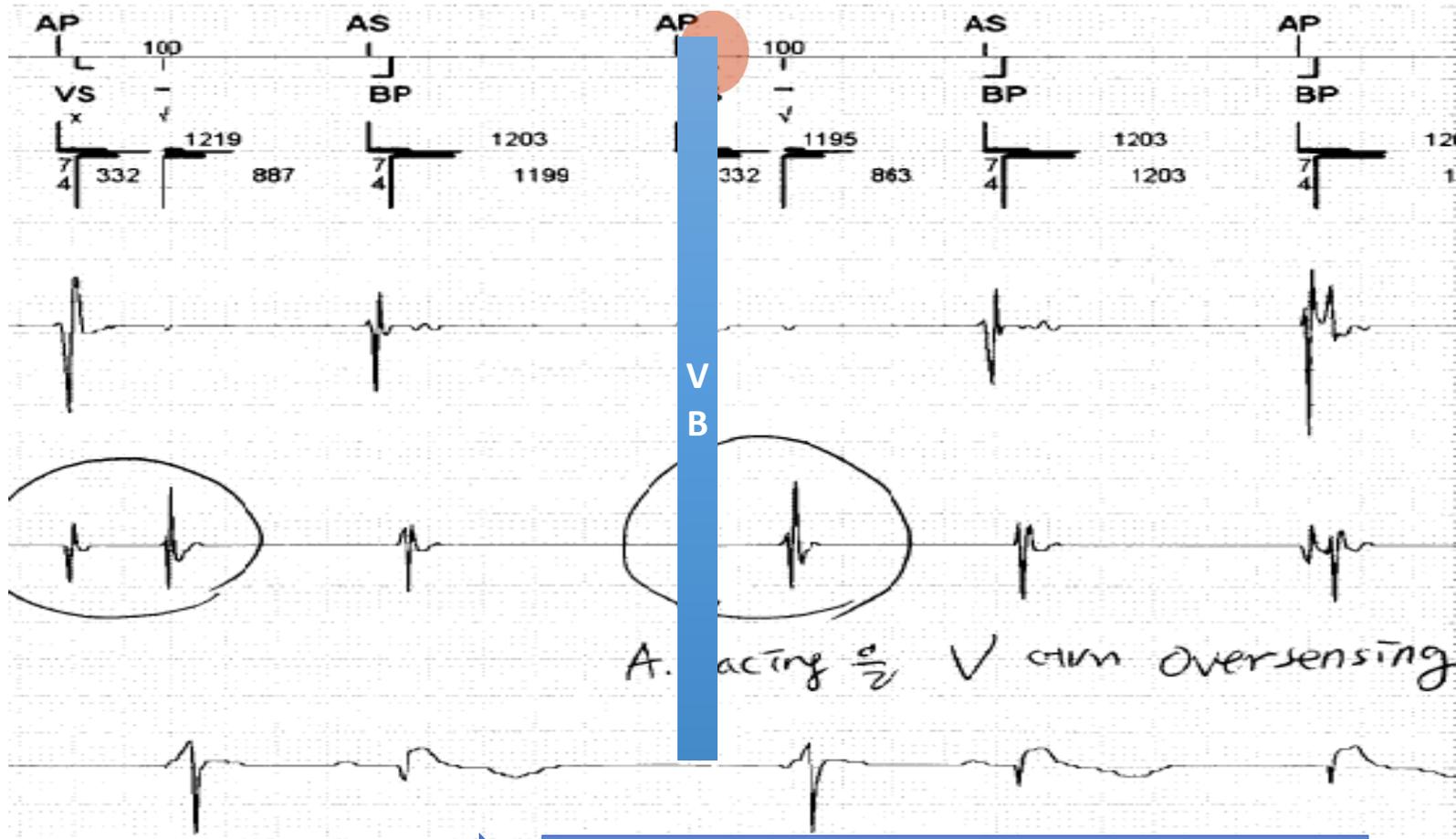


VRP를 늘려 T-wave oversensing 차단



- VB : Atrial pacing output에 의해 Ventricular sensing 되는 것 예방





VB를 늘려 AP oversensing 차단





# Summary

	Meaning	Normal value (ms)	Role
<b>pAVD</b>	Atrial Pacing 부터 VP 까지 interval	170~180, rate adaptive	
<b>sAVD</b>	Atrial Sensing 부터 VP 까지 interval	150, rate adaptive	
<b>ARP</b>	AV delay 기간 안의 Atrial 불응기		Atrial event 를 sensing 하여 부적절하게 AV interval 이 다시 시작 되는 것 방지
<b>PVARP</b>	Ventricular event 후의 Atrial 불응기 R로 표시 (AR, VR)	250~275, rate adaptive	Far-field R-wave 또는 역행전도(retrograde conduction)에 의한 부적절한 반응을 차단
<b>PVAB</b>	Ventricular event 후의 Atrial 장님기 B로 표시 (Ab)	100~150	Ventricular event로 인한 Far-field R-wave sensing 예방
<b>TARP</b>	AVD + PVARP		2:1 Block 구간
<b>AB</b>	Atrial 장님기 (post AS, AP)		Atrial event에 의해 Pacing이 "self-inhibit" 되는 것 예방
<b>VB</b>	Ventricular 장님기 (post AP, VS, VP)	12~65	Atrial pacing 과 V. event에 의해 Ventricular sensing 되는 것 예방
<b>VRP</b>	Ventricular 불응기 (post VP, VS)	200~250	T-wave를 oversensing 예방
<b>CT</b>	Atrial event 후 oversensing 으로 인한 Ventricular pacing inhibition 예방 위한 구간		이 구간안에 Ventricle sensing 되면 V safety pacing 나감. (AVD 100~110ms)



감사합니다.